

SUMMER SALAD



INGREDIENTS FOR 4 PORTIONS

- 400g thinly sliced melon
- 200g fresh strawberries
- 160g Prawns Cream
- 40g low-fat yogurt
- 1 dessertspoon acacia honey
- 40g green salad leaves
- 2 carrots
- chives and edible flower petals
- 100g Freeze-Dried Arctic Shrimps
- 2dl warm mineral water
- a pinch of pink himalayan salt

METHOD

- Mix the honey with the yogurt and put the freeze-dried shrimps into the warm water with the pink salt for a few minutes.
- Arrange the thin slices of melon in the centre of the plate to form a square.
- Use a round steel cutter to place the strawberry pieces around the inside of the larger square, like a crown. Fill with the creamed shrimps, a sprig of salad leaves and the whole shrimps.
- Decorate with carrots julienne and seasonal flower petals.
- Serve with the yogurt and honey sauce.

PRODUCTS IN THIS RECIPE



Prawns Cream



Freeze-Dried Arctic Shrimps