

CHICKEN BREAST WITH CHICORY HEARTS



INGREDIENTS FOR 4 PORTIONS

- 4 chicken breast
- 240g Chicory Hearts in Sunflower Oil
- 180g Roasted Peppers
- q.s. Sweet and Sour Yellow Pepper Drops
- q.s. Lamb, Seasoning Salt
- 50g clarified butter
- q.s. salt and pepper

METHOD

- Season with the classic lamb mix chicken breast and cook it in the butter.
- Sauteed in a pan roasted peppers (cut in strings) and chicory hearts.
- Plating the chicken breast with pepper and chicory and garnish with pepper drops.

PRODUCTS IN THIS RECIPE



Chicory Hearts in Sunflower Oil



Roasted Peppers



Sweet and Sour Yellow Pepper Drops



Lamb, Seasoning Salt