BUDDHA BOWL

A rainbow of flavors focused on a healthy and balanced eating



INGREDIENTS

- vegetables
- Sweet And Sour Red Pepper Drops
- Whole Champignon Mushrooms in Sunflower Oil
- fresh radicchio
- pumpkin seeds
- sunflower seeds
- Black Sesame, Whole
- Basil Oil
- tomato vinegar
- edible flowers and aromatic herbs

METHOD

- Arrange the vegetables in a bowl and top with black sesame seeds, sunflower seeds, and pumpkin seeds.
- Drizzle with basil oil dressing and tomato vinegar.

PRODUCTS IN THIS RECIPE



Sweet And Sour Red Pepper Drops



Whole Champignon Mushrooms in Sunflower Oil



Black Sesame, Whole



Basil Oil